

# Home Safety Check List

This form is intended to be a source of information to help individuals and their family recognize areas in the home that might be a safety concern.

<b>Bathroom</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Are there grab bars in the tub and shower area? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is the tub or shower slick when wet? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is there a seat by the sink? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there grab bars by the toilet? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is there a seat in the tub or shower? <input type="checkbox"/> <input type="checkbox"/></p> <p>Does the toilet have a high-rise seat? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is the lighting adequate? <input type="checkbox"/> <input type="checkbox"/></p>	<b>Kitchen</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Are there throw rugs on the floor? <input type="checkbox"/> <input type="checkbox"/></p> <p>Any jagged edges on the corners of cabinets? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is the lighting adequate? <input type="checkbox"/> <input type="checkbox"/></p> <p>Any slip hazards on the floor? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there grab bars near the sink or stove? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is any part of the flooring coming up? <input type="checkbox"/> <input type="checkbox"/></p>
<b>Halls and Stairs</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Are the halls and stairs well lighted? <input type="checkbox"/> <input type="checkbox"/></p> <p>Night lights in halls or near stairs? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are throw rugs present? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there handrails in the halls? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there hand rails on both sides of the stairs? <input type="checkbox"/> <input type="checkbox"/></p>	<b>Bedrooms</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Are the night stands sturdy? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is there a working non portable phone? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is there a working flashlight within reach? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there night lights in the bedroom? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there any throw rugs present? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is there any debris or clutter on the floor? <input type="checkbox"/> <input type="checkbox"/></p>
<b>Lighting / Electrical</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Access to all switches and lamps? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is there adequate lighting in the home? <input type="checkbox"/> <input type="checkbox"/></p> <p>Do the light switches glow at night? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are the cover on all outlets? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there adequate night lights in the home? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are any extension or phone cords crossing pathways? <input type="checkbox"/> <input type="checkbox"/></p>	<b>Fire Safety</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Are smoke detector installed and working? <input type="checkbox"/> <input type="checkbox"/></p> <p>Any flammable materials near furnace or stove? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there fire extinguishers in the home? <input type="checkbox"/> <input type="checkbox"/></p> <p>Can you unlock doors from the inside without a key? <input type="checkbox"/> <input type="checkbox"/></p>
<b>Exterior / Entryways</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Is the external light adequate? <input type="checkbox"/> <input type="checkbox"/></p> <p>Any slip hazards near any entryways? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are these areas clear of debris or clutter? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there peepholes in the exterior doors? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there handrails on both sides of the steps? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are there any cracks in the steps or sidewalks? <input type="checkbox"/> <input type="checkbox"/></p>	<b>Mobility Devices</b> <div style="float: right; text-align: right;">OK   NOT           OK    OK</div> <p>Are any family members using mobility devices? <input type="checkbox"/> <input type="checkbox"/></p> <p>Is the walker sturdy / have a seat? <input type="checkbox"/> <input type="checkbox"/></p> <p>Are the canes sturdy / grips / rubber tips safe? <input type="checkbox"/> <input type="checkbox"/></p> <p>Wheel chair in good condition? <input type="checkbox"/> <input type="checkbox"/></p> <p>Do you have 36 to 42 inches between the furniture for easy movement? <input type="checkbox"/> <input type="checkbox"/></p>

## Other Items To Check and Be Aware of

Smoke alarm batteries should be changed twice a year.

Are there non- portable phones in the home. There should be at least one. When there is a power outage, most portable phones will not operate.

Kitchen chairs should not have roller on the legs. These chairs can slip out from under someone trying to sit on them. If the carpet in the home has become rippled, you should have a carpet repair company re-stretch the carpet.

This information is for general educational and informational purposes only. The information is not exhaustive and does not cover all the fall related areas that could or might be present in a home.

**ALERT UTAH**

**801-955-4949**